

PEORIA BALLET



2011-2012 Academy Class Schedule



3-10 Years Old (Must be at appropriate age by September 30)

Creative Movement (3 years old)

Introduces the joy and physical benefits of a dance class. Creative age-appropriate activities to develop coordination, body awareness, and dance class discipline are included.

Creative Movement Ballet Tuesday 5:00pm – 5:30pm
Creative Movement Tap Tuesday 5:30pm – 6:00pm

Creative Movement Ballet Thursday 4:00pm – 4:30pm
Creative Movement Tap Thursday 4:30pm – 5:00pm

Discover Dance (4 years old)

Using tap and ballet, students are further introduced to dance and music, helping expand their sense of body awareness, rhythm and coordination.

Tuesday 4:00pm – 5:00pm
Saturday 9:00am – 10:00am

Kinder Dance (5 years old)

Students incorporate what they have learned in Creative Movement and Discover Dance and begin their formal introduction to classical ballet and tap training.

Wednesday 4:30pm – 5:30pm
Thursday 5:00pm – 6:00pm

Boys Athletic Booster (5 – 8 years old)

Designed to strengthen and tone with some emphasis on dance.

Monday 4:00pm – 5:00pm



PEORIA BALLET

BALLET CLASSES

***Ballet 1 begins at age 6. For all other classes, please refer to placement given by Academy Director.**

Ballet 1

This is an introduction to structured ballet training. Student should have the ability to retain short combinations and understand patterns.

Tuesday	5:00pm – 6:00pm
Thursday	5:00pm—6:00pm
Saturday	10:00am—11:00am

Ballet 1A

For advanced Ballet 1 students.

Monday	4:30pm – 6:00pm
Saturday	10:00—11:30am

Ballet 2 (Recommended 2 times per week)

A continuation of Ballet 1A. Concentration is on technique, coordination of arms and legs and increased strength and flexibility.

Tuesday	6:00pm – 7:30pm
Thursday	6:00pm – 7:30pm

Ballet 2A (Recommended 2 times per week)

For advanced Ballet 2 students.

Wednesday	4:00pm—5:30pm
Saturday	9:30am—11:00am

Ballet 3 (Recommended 3 times per week)

Classical training begins with barre and more complex center combinations. Student begins work on artistic presentation and musical accents.

Wednesday	4:00pm—5:30pm
Thursday	6:00pm—7:30pm
Saturday	11:00am—12:30pm

* Saturday Pre-Pointe 12:30—1:00pm

*This class is available only to Ballet 3 students who register for the Saturday 11-12:30 class.

Ballet 4 (Recommended 4 times per week)

The main focus is on building a greater sense of musicality and artistic presentation. For girls who are ready, pointe technique is introduced at this level.

Monday	4:30pm – 6:30pm
Monday Pointe	6:30pm—7:00pm
Tuesday	6:00pm—7:30pm
Wednesday w/ pointe	5:30pm – 7:00pm
Saturday	11:00am—1:00pm

Ballet 5 (Recommended 5 times per week)

Advanced ballet and pointe work. Develops individual style and performance quality. Primary focus is on perfection of technique, concentration, dedication and expressiveness.

Monday	4:30pm—6:30pm
Monday-Pointe	6:30pm—7:00pm
Tuesday	6:00pm—7:30pm
Wednesday w/pointe	5:30pm—7:00pm
Thursday	6:00pm—7:30pm
Saturday	11:00am—1:00pm

Ballet 6 (Recommended 5 times per week)

Strengthened ballet and pointe technique including variations, partnering and heightened artistic awareness.

Monday	4:30pm—6:30pm
Monday-Pas de Deux	6:30pm—7:00pm
Tuesday	6:00pm—7:30pm
Wednesday w/pointe	5:30pm—7:00pm
Thursday	6:00pm—7:30pm
Saturday	11:00am—1:00pm

The Pre-Professional Program

For students level 4 and up, this program is designed to train academy students wanting a professional career in ballet or dance. Refer to the Academy Handbook for more information on joining this program.

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ADDITIONAL CURRICULUM

Ensemble

\$10 Drop-In fee for non-ensemble students

Monday	12:30pm -2:00pm
Tuesday	12:30pm -2:00pm
Wednesday	12:30pm -2:00pm
Thursday	12:30pm -2:00pm
Friday	12:30pm -2:00pm

Boys Class

For all boys level 2 & up.

(Required for boys with Tuition Waivers)

Tuesday	5:00pm—6:00pm
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Jazz

Beginning Jazz (For Ballet levels 1 + 1A)

Saturday	9:00am—10:00am
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Intermediate Jazz (For Ballet levels 2 + 2A)

Saturday	11:00am – 12:00pm
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Advanced Jazz (For Ballet levels 3 & up)

Saturday	10:00am—11:00am
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Physical Conditioning Classes

Stretch & Strength

Exercises to stretch your body and strengthen the muscles. Open to levels 2 and up.

Thursday	5:00pm – 6:00pm
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Youth American Grand Prix

This class is designed for participants of the YAGP competition, however, anyone Level 4 and up may register for it. The class will focus on developing pirouettes, jumps, and extensions. This class can be used as a make-up class for non-competitors in level 4 & up.

Friday	4:00pm—5:30pm
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Lyrical & Modern (Open to levels 3 and up)

Lyrical /Modern

Thursday	4:00pm—5:00
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Tap (6 years old & up-placement by Academy Director)

Beginning Tap

Thursday	4:00-5:00pm
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Intermediate Tap

Wednesday	5:30pm – 6:30pm
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Advanced Tap

Saturday	9:00am – 10:00am
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Adult Ballet

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Both classes are for beginners and non beginners.

Tuesday	12:30am –2:00pm
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Thursday	7:00pm – 8:00pm
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Adult Pilates & Barre

Combination of Pilates, Yoga, and strength training exercises to provide a whole body workout

Thursday	6:00pm—7:00pm
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Please refer to the 2011-2012 Academy Handbook for Dress Code, Academy Policies, and other important information!

2011-2012 Academy Calendar

***Please note! We are no longer following District 150 calendar**

Nutcracker auditions	August 27, 28
Fall Semester begins	August 29
Nutcracker Contracts due	September 7
Labor Day	September 5
Nutcracker parent Meeting	September 6
Nutcracker rehearsals begin	September 10
Columbus Day	October 10
Costume Day	October 29
Parent Observation Week	November 14-19
Fall Semester ends	November 19
Winter Session begins	November 21
Thanksgiving Break	November 23-27
Friends of Clara Studio Party	December 2
Nutcracker School Performance	December 9
Nutcracker Performances	December 10, 11
Holiday Break	December 18-January 3
Classes Resume	January 4
Showcase Contracts due	January 28
Parent Observation Week	February 13-18
“Art That Rocks” contracts due	February 25
Winter Session ends	March 3
Spring Session begins	March 5
Spring Break	April 2-8
“Art That Rocks”	April 21
Showcase Dress Rehearsal	May 23
Showcase Performance	May 24
Memorial Day	May 28
Spring Session ends	June 2

PEORIA
BALLET

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