

2009-2010 Academy Class Schedule

2 Years Old (starting Spring 2010 session)

Mommy and Me

Introduction to music and movement.

Thursday 10:00am – 10:30am

3 - 7 Years Old

Creative Movement (3 years old)

Introduces the joy and physical benefits of a dance class.

Creative, age-appropriate activities to develop coordination, body awareness, and dance class discipline are included.

Creative Movement Ballet Monday 5:00pm – 5:30pm

Creative Movement Tap Monday 5:30pm – 6:00pm

Creative Movement Ballet Saturday 9:00am – 9:30am

Creative Movement Tap Saturday 9:30am – 10:00am

Acrobatic Dance (3 – 6 years old)

Dance incorporated with tumbling and gymnastics.

Friday 11:30am -12:30pm

Discover Dance (4 years old)

A further introduction to dance & music to help children expand their sense of body awareness, rhythm and coordination.

Monday 4:00pm – 5:00pm

Friday 10:30am – 11:30am

7 Years Old & Up

Musical Theater & Acting

Focus on Broadway styles and technique as well as dramatic activities including pantomime and improv.

Saturday 11:00am – noon

Ballet for Skaters & Gymnasts

Strengthen technique and artistry.

Saturday 1:00pm – 2:00pm

Boys Athletic Booster (5 – 7 years old – Tuition is free)

Designed to strengthen and tone with some emphasis on dance.

Monday 6:00pm – 7:00pm

Kinder Dance (5 years old)

Students incorporate what they have learned in Creative Movement and Discover Dance and begin their formal introduction to classical ballet training.

Wednesday 5:00pm – 6:00pm

Thursday 4:00pm – 5:00pm

Pre Dance (6 years old)

A continuation/progression from Kinder Dance. Children learn correct posture while developing flexibility, musicality and basic ballet positions including tap and modern.

Thursday 6:00pm – 7:00pm

Saturday 9:00am – 10:00am

10 Years Old & Up

Stretch & Strength

Exercises to stretch your body and strengthen the muscles

Thursday 4:00pm – 5:00pm

Open Intermediate Ballet (10 – 16 years old)

For pre-teens and teens who are just beginning classical ballet training

Tuesday 6:00pm – 7:00pm

Ballet (7 years old to adult – placement by Academy Director)

Ballet 1

An introduction to structured ballet training for slightly older children with longer attention spans. Student should have the ability to retain short combinations and understand patterns.

Tuesday	4:00pm – 5:00pm
Wednesday	5:00pm – 6:00pm
Saturday	10:00am – 11:00am

Ballet 1A

For second year Ballet 1 students.

Thursday	4:00pm – 5:30pm
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Ballet 2

A continuation of Ballet 1A. Concentration is on technique, coordination of arms and legs and increased strength and flexibility.

Wednesday	6:00pm – 7:30pm
Saturday	11:00am – noon
Thursday	4:00pm – 5:00pm
Friday	4:00pm – 5:30pm

Ballet 2 (A)

For advanced Ballet 2 students.

Unit 1	
Wednesday	4:00pm – 5:30pm
Saturday	11:00am – 12:30pm
Unit 2	
Tuesday	4:00pm – 5:30pm
Saturday	11:00am – 12:30pm

Homeschool (5 years old & up)

Ballet 1/2 (5 -7 years old)

An introduction to structured ballet training for slightly older children with longer attention spans. Student should have the ability to retain short combinations and understand patterns.

Thursday	2:00pm – 3:00pm
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Ballet 3

Serious classical training begins with barre and center combinations becoming more complex. Student begins work on artistic presentation and musical accents.

Monday	6:00pm – 7:30pm
Wednesday	6:00pm – 7:30pm
Thursday	6:00pm – 7:30pm
Friday	5:30pm – 7:00pm
Saturday	12:30pm – 2:00pm

Pre Pointe	Monday	7:30pm – 8:00pm
Pointe 3	Saturday	2:00pm – 2:30pm

Ballet 4

The main focus is on building a greater sense of musicality and artistic presentation. For girls who are ready, pointe technique is introduced at this level.

Monday	6:00pm – 7:30pm	
Tuesday	6:00pm – 7:30pm	
Wednesday w/ pointe	4:00pm – 6:00pm	
Saturday	12:30pm – 2:30pm	
Pointe 4	Monday	7:30pm – 8:30pm

Ballet 5/6

Advanced ballet and pointe work. Develops individual style and performance quality. Primary focus is on perfection of technique, concentration, dedication and expressiveness.

Monday	6:00pm – 7:30pm	
Tuesday	6:00pm – 7:30pm	
Wednesday	6:00pm – 8:30pm	
Thursday	6:00pm – 7:30pm	
Saturday	12:30pm – 2:30pm	
Variations / Pas d D.	Monday	7:30pm – 8:30pm

Lyrical & Modern

(For ballet 3 & 4 – placement by Academy Director)

Lyrical 3/4

Focus on building a greater movement and artistic quality.

Tuesday	5:00pm – 6:00pm
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Lyrical 5/6

Focus on building a greater movement and artistic quality.

Tuesday	5:00pm – 6:00pm
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Modern

Wednesday	4:00pm – 5:00pm
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Jazz (7 years old & up – placement by Academy Director)

Learn jazz combinations in styles from musical theatre, hip-hop and classical jazz.

Jazz 1

Saturday 9:00am – 10:00am

Jazz 2

Saturday 10:00am – 11:00am

Jazz 3

Monday 5:00pm – 6:00pm

Jazz 4

Thursday 5:00pm – 6:00pm

Jazz 5

Monday 5:00pm – 6:00pm

Adult (16 years old & up)

Adult Ballet

Monday 8:00pm – 9:00pm

Friday 9:00am – 10:30am

Adult Jazz

Wednesday 7:30pm – 8:30pm

Tap (7 years old & up – placement by Academy Director)

Learn common tap steps, rhythm and patterns.

Tap 1/2

Tuesday 5:00pm – 6:00pm

Tap 3

Saturday 10:00am – 11:00am

Tap 4

Tuesday 4:00pm – 5:00pm

Tap 5

Thursday 5:00pm – 6:00pm

Special Needs (Tuition is Free)

PARC / Autism

Dance therapy for the adults at PARC and youngsters afflicted with Autism and Ausberger's Syndrome

PARC Tuesday 10:00am – 11:00am

Autism Tuesday 5:30pm – 6:30pm

Couples Dance (all ages)

Thursday 7:00pm – 8:00pm

Academy Attire

Creative Movement, Discover Dance, Kinder Dance and Pre-Dance will need black tap shoes.

ALL female students will wear pink tights and pink ballet slippers with their leotards. No skirts please.

Creative Movement	Pink Short Sleeve	Ballet 1 and Ballet 1A	Light Blue Short Sleeve
Discover Dance	Pink Short Sleeve	Ballet 2	Royal Blue Cap Sleeve
Kinder Dance & Pre Dance	Pink Short Sleeve	Ballet 2A Units 1 & 2	Royal Blue Tank
Acrobatic Dance	Solid Color Leotard	Ballet 3	Navy Blue Cap Sleeve
Boys Athletic Booster	White T-shirt, Black Shorts	Ballet 4	Royal Purple Camisole
	Black or White Ballet Slippers	Ballet 5	Periwinkle Camisole
Musical Theatre & Acting	Comfortable Clothing	Ballet 6	Raspberry Camisole
Ballet for Skaters	Solid Color Leotard	Modern & Lyrical	Solid Color Leotard
Ballet for Gymnasts	Solid Color Leotard	Jazz & Tap	Solid Top / Jazz Pants
Stretch and Strength	Comfortable Clothing	Adult Ballet & Tap	Comfortable Clothing
Open Intermediate Ballet	Solid Color Leotard		

2009-2010 Academy Calendar

2009

August

- 8 Peoria Ballet Academy Open House
10:00 a.m.-3:00 p.m.; Peoria Ballet
- 24 Fall Session begins – Tuition Due

September

- 7 Labor Day - No Classes
- 19 Nutcracker Open Auditions
2:30-3:30 p.m.; Peoria Ballet Studios

October

- 12 Columbus Day – No Classes
- 19 Jim Maloof's 90th Birthday Party;
7:00 – 10:00 p.m.; Scottish Rite Cathedral
- 31 Scary Saturday (Halloween) May dress in costume.

November

- 11 Veteran's Day – No Classes
- 14 Fall Session Ends
- 16 Winter Session Begins – Tuition Due
- 25-29 Thanksgiving Break – No Classes
- 27 Santa Parade Luncheon; Hotel Pere Marquette
- 30 Classes Resume

December

- 9 *Nutcracker* School Performance; 9:30 a.m. and 12 noon
- 12 *Nutcracker* Performance; 7:30 p.m.; Peoria Civic Center
- 13 *Nutcracker* Performance; 2 p.m.; Peoria Civic Center
- 21- 1/3 Winter Break – No Classes

2010

January

- 4 Classes Resume
- 18 Martin Luther King's Birthday – No Classes

February

- 1 Showcase Costume Fees Due
- 15 Presidents Day – No Classes
- 27 Winter Session Ends

March

- 1 Spring Session Begins – Tuition Due
- 6 *Romeo and Juliet* Performance
7:30 p.m.; Peoria Civic Center

April

- 2-11 Spring Break – No Classes
- 18 Central Illinois Youth Symphony & Peoria Ballet
2 p.m.; Metamora High School

May

- 26 Academy Showcase Dress Rehearsal
5:30 p.m.; Five Points Theater
- 27 Academy Showcase; 6:30 p.m.; Five Points Theater
- 29 Spring Session Ends – Last Day of Classes

*The Peoria Ballet follows Peoria, IL District 150 with regard to snow-related closures.

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